



THE VOICE

FOR ISD622 EDUCATORS

MESSAGE FROM THE PRESIDENT

Hello Colleagues,

Welcome back from Thanksgiving break! I hope you all enjoyed the additional time away and are rejuvenated to finish the calendar year off strong. As you know, our tech levy did not pass on election night. The outcome of the election was not a direct result of the effort that you all put into it. We led the charge at the phone bank and putting up yard signs. I will not let anybody forget the effort that was put into this campaign by you. As we enter bargaining season, please pay attention to communication from your building reps for upcoming listening sessions at each of your buildings. Also, thank you SO MUCH for all the food donations that were made last month! We donated the items (see attached picture) to our district's McKinney-Vento Program.

Together,

Tim Kappes

Community Service Projects

December will be our Toy Drive. Please give your donation to your building representative by Monday, December 12, 2022.

The January Service Project will be volunteering at the North St. Paul Food Shelf. Information to come soon.



Important

Phone Numbers

**Tim Kappes (President)*

Cell: 701-640-3177

**Jana Hedlund (Vice President)*

School: 651-748-6074

**Jody Murphy (Treasurer)*

School: 651-748-6159

Cell: 651-353-2554

**Mary Glagavs (Secretary)*

School: 651-748-6876

Cell: 651-249-6292

**Katrina Geske (Membership)*

Cell: 715-456-8920

Member Rights

**Tim Kappes (Chair)*

Cell: 701-640-3177

**Kent Gordon (High School)*

School: 651-702-8685

**Janene Lenard (Elementary and Middle)*

Cell: 612-741-8508

School: 651-702-8088

**Annie Hodges (Special Education)*

Cell: 952-250-6637

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Executive Board Meeting

You're invited!
Monday, Dec. 12, 2022
4:15 p.m.

North St. Paul Legion
2678 7th Ave E
North St. Paul



Contract Corner

Check Your Pay Stub

Check your pay stubs on Skyward! Did you get both of your Q-Comp stipends? Here are the two dates and payment that goes with them:

September 30th: \$250

November 15th: \$300

Also, as long as you are in Skyward....

Take a few minutes to review your personal information. It is very important that your name, social security number, and address are correct, as this is the information that will be used to complete your W-2 tax form.

Reasons I am thankful for being a teacher

John DePasquate

Students who, without fail, say "good morning" to me every day.

The feeling I get when I finally reach the bottom of a giant pile of student essays.

The look on a student's face when they finally "get it".

Former students who visit after school to share stories of their success, or to just chat.

Delicious, homemade treats that appear in the staff room.

Teachers who are genuinely passionate about what they teach.

A snow day.

School leaders who trust teachers and support them.

Captivating book talks that get students fired up about reading.

A copy machine that is not jammed.

Thank you notes I receive from students; especially at unexpected moments.

Returning from a field trip with the same number of students I left with.

Freshly sharpened pencils.

DECEMBER STRESS

Ready or not, the holiday season is here!

December can be an overwhelming time for many teachers. From the end of year tasks that need to be finished up to finding time for shopping and family gatherings, it's a lot!

Let's be proactive during these next few weeks so that you can stay on top of your to-do list and feel your best during these last few weeks of school!

1. PLAN YOUR FUN DAYS
2. KEEP NORMAL ROUTINES
3. BECOME A MEAL PREPPER
4. MAKE EXERCISE A PRIORITY
5. MAKE TIME FOR YOU TIME
6. WATER, WATER, WATER
7. TAKE A DEEP BREATH
8. SMILE, IT'S ALMOST WINTER BREAK!

Membership News

Local NSPMOEA members, please make sure that you notify the local membership contact Katrina Getske if you have any of the following changes so that we can update your information with our local roster and with Education Minnesota: Change of address, Name change, Leave of absence paid or unpaid (include dates), Building change



Is this your scrambled email?
sunkbdlorj
If so, email
mglagavs@isd622.org
to claim your \$10 prize!!