



# THE VOICE

FOR ISD622 EDUCATORS

## MESSAGE FROM THE PRESIDENT

Greetings everyone and HAPPY SUMMER!!

We are days away from a little R & R for some of you, please be safe and enjoy some time with family and friends, you so deserve it.

I look forward to seeing you at Summer Seminar if you signed up. It is a great staff development opportunity. There is still time to sign-up!

I am looking forward to the NEA Convention here in Minneapolis. Vice President Tim Kappes and I will be the important voice of NSPMOEA at the National level. We will keep you updated through our Face book page from the Convention and any other important activities going on throughout the summer. I'm here for you all summer so just call 651-246-8769 or email me at [rsanders@nspmoea.org](mailto:rsanders@nspmoea.org) anytime you need anything. I'm so proud of all your hard work this year and #622 is lucky to have the BEST TEACHERS in the State of Minnesota.

Together in Solidarity,

Rory Sanders

### Retirement Information

Teachers who are planning to retire this year or have already retired this year, can continue their union membership as a member of Education Minnesota Retired. Members who retired after September 1, 2015, and have been a member of EDMN for at least 10 years, (they do not have to be consecutive years) are at least 55 years old, and are eligible to receive a pension, may qualify for retired membership at no additional cost. This can easily be done online before the end of the school year at [www.educationminnesota.org](http://www.educationminnesota.org).

This retired membership allows the retired member to continue to have the benefits they have enjoyed as an active member



### Important

#### Phone Numbers

*\*Rory Sanders (President)*

Cell: 651-246-8769

*\*Tim Kappes (Vice President)*

Cell: 701-640-3177

School: 651-702-8320

*\*Jody Murphy (Treasurer)*

School: 651-748-6164

Cell: 651-353-2554

*\*Mary Glagavs (Secretary)*

School: 651-748-6876

Cell: 651-249-6292

*\*Delene Sanders (Membership)*

School: 651-621-1925

Cell: 651-246-8751

### **Member Rights**

*\*Ann Schultz (Chair)*

School: 651-748-6720

Cell: 612-327-0744

*\*Kent Gordon (High School)*

School: 651-702-8685

*\*Barb Ives (Middle School)*

School: 651-748-6615

*\*Tim Kappes (Special Education)*

Cell: 701-640-3177

School: 651-702-8320

*\*Catherine Cranston (Elementary School)*

School: 651-748-7166

*\*Mary Jo Daly (Pre-school/Elementary)*

School 651-748-6616

### IN THIS ISSUE

- ◆ Message from the President
- ◆ Notable Numbers
- ◆ Retirement Information
- ◆ Contract Corner
- ◆ Scrambled Name
- ◆ Member Spotlight
- ◆ Summer Seminar

### Executive Board Meeting

You're invited!

Monday June 4, 2018  
4:15 p.m.

American Legion  
2678 7th Ave. E.  
N. St. Paul

## Contract Corner

### Decompress.

When summer arrives take the time to adjust and to realize you are NOT behind on grading homework.

### Pamper Yourself.

Take the time this summer to do things that you truly enjoy doing – not things you have to do. Stepping away from school will help you become a better teacher.

### Reflect.

Take this opportunity to look back at the highs and lows of the previous school year. Critically think about what you could do to avoid the lows next year, but focus mainly on the highs so that you can have a positive attitude about the next school year.

### Inspire Yourself.

Think about why you became a teacher in the first place. Think about those students that inspire you.

### Say Thank You.

Take the time to say two simple words: "Thank you." It can be as simple as sending a card or a note, but it's still important. Let people know about the difference they made. Send a card to a co-worker or administrator. This is a great way to create friendships and build a strong network that you will be able to rely on for any help you may need in the future.

### Reconnect.

Take this opportunity to reconnect with friends – ask them about their lives and show them that even when times get busy, you still value their friendships.

### Create Family Time.

Use the summer as an opportunity for a family adventure. Make sure you also show your spouse how thankful you are for their support and patience.

### Learn Something New.

Whether it's taking up a hobby or signing up for a class, learning something new will give you even more inspiration, knowledge, and skills to draw from when planning lessons and activities for next year.

---

### Summer Seminar

Summer Seminar is right around the corner! Any member from NSPMOEA that participates in Summer Seminar will get registration and mileage reimbursed and a \$75 stipend per day at the conclusion. If you have any questions, contact Tim Kappes. 701-640-3177 and [tkappes@isd622.org](mailto:tkappes@isd622.org)

### **2018 Summer Seminar**

July 30-Aug. 1

College of St. Benedict  
St. Joseph, Minnesota

[Online registration](#) opens Friday, May 4. The deadline to register is Tuesday, July 17.



## Member Spotlight

Shout out to all the Beaver Lake teachers who stood in solidarity with the 1st through 6th year teachers during their 10 minute Power of We meetings. Great job team!!

Shout out to the following members for their years of service on the Member Rights Committee:

Catherine Cranston 8 years, Barb Ives 7 years and Mary Jo Daly 5 years

Thanks so much for your hard work and dedication in making sure our members are represented! Way to go!



Is this your scrambled email?  
namgy  
If so, email  
[mglagavs@isd622.org](mailto:mglagavs@isd622.org)  
to claim your \$10 prize!!