



THE VOICE

FOR ISD622 EDUCATORS



MESSAGE FROM THE PRESIDENT

Hello Colleagues,

Welcome to November...more commonly known as Election Season. Thank you to everybody that has supported our Levy campaign. Many people have made phone calls, donated money, put yard signs up, and voted YES already. We have one last push for making phone calls. Tonight! After school is out, we are doing a District Wide ALL CALL. A couple of weeks ago, we broke the single night calling record ever in the entire state, and I want to SHATTER the record this time. My ask is for everybody to make 8 phone calls tonight. It is super simple, most of the calls will be just leaving a message, and it should take you between 15 and 30 minutes to complete this task. These phone calls will really help us pass this thing! Thank you for all the work you have done so far and Thank you in advance for all the phone calls that will be made during the ALL CALL. Let's make history and SHATTER the record tonight!!!

Together,
Tim Kappes

Community Service Projects

November is our Food Drive. Please give any food/cash donations to your building representative by Monday, November 14, 2022.

December will be our Toy Drive. Please give your donation to your building representative by Monday, December 12, 2022.



Important

Phone Numbers

- *Tim Kappes (President)
Cell: 701-640-3177
- *Jana Hedlund (Vice President)
School: 651-748-6074
- *Jody Murphy (Treasurer)
School: 651-748-6669
Cell: 651-353-2554
- *Mary Glagavs (Secretary)
School: 651-748-6876
Cell: 651-249-6292
- *Katrina Geske (Membership)
Cell: 715-456-8920

Member Rights

- *Tim Kappes (Chair)
Cell: 701-640-3177
- *Kent Gordon (High School)
School: 651-702-8685
- *Janene Lenard (Elementary and Middle)
Cell: 612-741-8508
School: 651-702-8088
- *Annie Hodges (Special Education)
Cell: 952-250-6637

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Executive Board Meeting

You're invited!
Monday, Nov 14, 2022
4:15 p.m.

North St. Paul Legion
2678 7th Ave E
North St. Paul



Contract Corner

No License No Job

Find out when your teaching license expires at <https://public.education.mn.gov/LicenseLookup/educator>

Keep your credit hours up to date and renew your license as soon as possible. You may complete the renewal paperwork at <http://nspmoea.org/> as early as the fall of the year before your license expires. That means if your license expires in 2023 you may do this now, and this **must** be done before one of the remaining 2022-2023 relicensure committee meetings: December 15, April 11, May 18. Once the relicensure committee approves your application you must submit payment to the State of Minnesota.

The stakes are extremely high if your license is not fully approved on time. The language quoted below is from the contract, and it means that you could lose pay or lose your job:

“Failure to have a fully approved license identified by the Department of Education website by the first duty day will result in the teacher being placed on an unpaid leave of absence until such time they obtain a fully approved license by the Department of Education.

Failure by the teacher to obtain a fully approved license by the Minnesota Department of Education within 90 days of the license expiration date shall be considered as deemed to have resigned and the employment of the teacher shall be terminated.”

To learn more about the license renewal process go to <http://nspmoea.org/> If you have questions after you have read the license renewal instructions please contact Relicensure Committee Chairperson George Bruehl at 651-748-6336 or gbruehl@isd622.org

Student and Staff Safety Resources

There are no easy or quick solutions to these challenges, but Education Minnesota continues our work at the Legislature every year for funding and policy changes that will improve school climates without resorting to overly punitive policies that have failed in the past. Our field staff, organizers and attorneys are also available to help address situations that pose a clear risk to student and staff safety.

[Here is a handout](#) with a checklist of available strategies for educators and union leaders. If you would like assistance with any of these, please start with your Education Minnesota field staff.

5 Tips to Help Manage Stress

1. Get Enough Exercise - regular exercise gives you more energy, improves your mood, and works as a great stress reliever
2. Do a Good Deed - when people think about others, they aren't thinking about their own problems, and this distraction may reduce the effects of stress
3. Do Absolutely Nothing - just taking a moment to slow down and notice the world helps you unwind and feel calmer
4. Challenge Your Brain- while keeping active and mediating are both great stress relievers, you can also reduce stress in a fun way by challenging your brain
5. Indulge in Dark Chocolate - it turns out that eating dark chocolate may lower your levels of cortisol (the stress hormone)



Is this your scrambled email?
krijne
If so, email
mglagavs@isd622.org
to claim your \$10 prize!!